

## **MY CUP RUNNETH OVER**

Composer: RAY & VIRGINIA WALZ  
 Record: CHINOOK CK- 1102, MY CUP RUNNETH OVER BY THE WARRIORS  
 Rating: WALTZ, PHASE II+2 + 1 , (HOVER, SIDE CORTE, UNPHASED TWISTY BALANCE)  
 Sequence: INTRO, A, B, A, B, C, END.

**Intro:** OP FCG WAIT;; APT, PT; TOG BFLY, TCH;  
 BALANCE L; REV TWIRL VINE 3;  
 THRU TWINKLE; THRU, FACE, CLOSE BFLY [WALL];

**Part A:** WALTZ AWAY; TURN IN LOP [RLOD];  
 BACK WALTZ; BACK, DRAW, TCH;  
 THRU TWINKLE; THRU, FACE, CLOSE, BFLY [WALL];  
 [SD] CANTER, TWICE;; TWIRL VINE 3; PICKUP, SIDE, CLOSE [LOD];  
 2 LF TURNS WALL;; HOVER; MANUV;

**Part B:** 2 RF TURNS BFLY [WALL];; TWISTY BALANCE L & R;;  
 TWISTY VINE 3; FWD, FACE, CLOSE;  
 TWIRL VINE 3; THRU, FACE, CLOSE BFLY [WALL];

**Part A:** WALTZ AWAY; TURN IN LOP [RLOD];  
 BACK WALTZ; BACK, DRAW, TCH;  
 THRU TWINKLE; THRU, FACE, CLOSE BFLY [WALL];  
 [SD] CANTER, TWICE;; TWIRL VINE 3; PICKUP, SIDE, CLOSE [LOD];  
 2 LF TURNS WALL;; HOVER; MANUV;

**Part B:** 2 RF TURNS BFLY [WALL];; TWISTY BALANCE L & R;;  
 TWISTY VINE 3; FWD, FACE, CLOSE;  
 TWIRL VINE 3; PICKUP, SIDE, CLOSE LOD;

**Part C:** LF TRNG BOX, SCAR LEFT HAND STAR POSITION;;;;  
 3 FWD PROG TWINKLES, CHANGE HANDS [EA TWKL];;;  
 CROSS, TOUCH;  
 4 BWD PROG TWINKLES, CHANGE HANDS [EA TWKL] CP LOD;;;;  
 DIP REV; FWD WALTZ, BFLY WALL;

**End:** TWISTY BALANCE L & R;; TWISTY VINE 3; FWD, FACE, CLOSE;  
 WALTZ AWAY & TOG;; SOLO TURN, BFLY [WALL];;  
 3 STEP SWINGS [ACROSS];;; REV TWIRL 3; THRU TWINKLE;  
 THRU, FACE, CLOSE CP WALL; SIDE CORTE; HOLD.